Te puremu, te moepuku me ētahi atu hara moepuku

Nana, ko tēnei anake taku i kite ai, ara i tika te hanga a te Atua i te tangata, heoi he maha ngā mahi tinihanga i rapua e rātou. Koheleta 7:29

Whakataki

: I tehea tau ka tīmata tātou ki te whakaako i ngā tamariki mō ngā hara moepuku?
Whakautu: Ina mahi kuware rātou. Kua roa rawa te 18 tau, te 13 rānei tau te pakeke... kua roa rawa te wā. Ko ngā hara moepuku katoa (ko ngā hara katoa) e mahia ana e te pakeke ko ērā kāore i whakaakona, i whakatikatikaina, i whiua rānei i a ia e tamariki ana. Ki te kore koe e whakaako i āu tamariki mō te moepuku, ka whakaakona rātou e tetahi mea, e tetahi atu rānei. Ka whakaakona rātou e te ponokareka. Ā, kāore koe e hiahia ki tēnā. KĀORE KOE E HIAHIATIA ANA!

Kei roto i te ngākau o te tamaiti te wairangi... Whakataukī 22:15

He kuware ngā hara moepuku. He kino te wairangi. Ko te pūtake o te kino ko te aroha ki te moni. Nō reira, ko te pūtake o ngā hara moepuku me ngā wairangi katoa ko te aroha ki te moni.

Ko te aroha hoki ki te moni te pūtake o ngā kino katoa... 1 Timoti 6:10

Kua hara katoa hoki, ā, kāore e taea e rātou te korōria o te Atua; Roma 3:23

Ki te pupuri hoki tetahi i te ture katoa, a ka takahi i te mea kotahi, kua hara ia i te katoa. Hemi 2:10

Ki te titiro a te tangata, kāore anō te tamaiti kia hara i ngā hara moepuku pērā i te moepuku, te moepuku, te puremu, te moepuku, me ētahi atu. Engari ki te titiro a te Atua, kua hara ia nā te mea kua mahi kē ia i ngā whanonga kuware. Ki te takahi tetahi tangata i te ture a te Atua i te mea kotahi, ahakoa te pakeke, kua hara ia i te katoa. Koia hoki te take kāore e wawe rawa te whakauru i te tamaiti ki tō tātou Ariki, ki tō tātou Kaiwhakaora, ki a IHU KARAITI, te Tama harakore a te Atua, nāna nei i whakatutuki te ture katoa. I whakamatautauria ia i ngā mea katoa (tae atu ki ngā hara moepuku), engari kāore he hara (Hiperu 4:15). Ko ia te mea nui rawa atu o ngā wā katoa.

Nā, he taonga tuku iho nā Ihowā ngā tamariki: ko ngā hua o te kōpū he utu ki a ia. Waiata 127:3

Ko te tangata e kaiponu ana i tana whiu, e kino ana ki tāna tama; ko te tangata ia e aroha ana ki a ia, e papaki ana i a ia i ngā wā e tika ana. Whakataukī 13:24

Kei te wehi ki a Ihowā te kaha o te whakaaro nui: ā, ka whai piringa āna tamariki. Whakataukī 14:26

Pakia tāu tama i te mea kei reira te tumanako; kaua hoki tō wairua e manawapa ki tana tangi. Whakataukī 19:18

Whakaakona te tamaiti i te ara e haere ai ia: ā, ka koroheke ia, e kore ia e whakarere i taua mea. Kei roto i te ngākau o te tamaiti te wairangi; engari mā te rakau whiu e pei kia matara atu i a ia. Whakataukī 22:6,15

Kaua e kaiponuhia te whiu ki te tamaiti: ki te whiua hoki ia e koe ki te rakau, e kore ia e mate. Ka whiua ia e koe ki te rakau, ā, ka whakaorangia e koe tōna wairua i te reinga. Whakataukī 23:13-14

Ko te rakau, ko te riri, ka homai te whakaaro nui: ko te tamaiti ia kua mahue ki a ia anō, ka whakama i a ia tōna whaea. Pakia tāu tama, ā ka hoatu e ia he okiokinga ki a koe; āe, ka homai e ia he ahuareka ki tōu wairua. Whakataukī 29:15,17

Ā, ka whakaakona āu tamariki katoa e Ihowā; ā, ka nui te rangimarie o āu tamariki. Ihaia 54:13

Pakia tāu tama, me te pupuri i a ia kia mahi, kei waiho tana whanonga kino hei hara māu. Koheleta 30:13

Te Whakamāramatanga o ngā Kupu

Te moepuku - he rauemi tā, he rauemi tirohanga rānei kei roto te whakaahuatanga, te whakaaturanga rānei o ngā whekau moepuku, te mahi rānei, he mea hanga hei whakaoho i te hiahia moepuku kaua ki ngā kare ā-roto, ngā kare ā-roto rānei
Te moepuku - te whakaoho i ngā ira tangata ki te ringa hei whakahari i te moepuku
Te matakitaki, te puremu rānei i roto i te ngākau - te mahi whiwhi i te pai o te moepuku mā te mātakitaki i ētahi atu e tū tahanga ana, e mahi ana rānei i te moepuku
Te moepuku - te moepuku i waenga i te hunga kāore i te mārenatia tetahi ki tetahi
Te moepuku - te moepuku ā-tinana i waenga i te tangata kua mārenatia me te tangata ehara nei i tana hoa rangatira
Te moepuku - te mahi, te mahi rānei o te moepuku me tetahi hei utu
Te moepuku - te whanonga moepuku, pērā i te moepuku, te noho tahi me ngā wahine kairau
Te hiahia nui - te hiahia nui ki te moepuku;
Te hiahia taikaha - te tino hiahia ki ngā ahuareka o te tinana, inā koa ngā ahuareka o te moepuku; te whanonga e pā ana ki te moepuku, te tarukino, te waipiro, me ētahi atu e kiia ana he hē
Te moepuku - he āhuatanga hiahia nui, he āhua puremu rānei; te āhuatanga o te whakaoho i te hiahia moepuku Te moepuku - te āhua whakarihariha, te āhua pōuri rānei; te āhua
, te whanonga moepuku whakarihariha
Te moepuku - te whai, te whakauru rānei i te maha o ngā hoa moepuku; kāore i te herea ki te kotahi hoa moepuku, ki ētahi hoa moepuku rānei
Te takatāpui (LGBTQIA+) - te kukume moepuku, te kukume aroha, te whanonga moepuku rānei i waenga i ngā mema o te ira tangata kotahi, te ira tangata rānei
Te moe tāne - ngā whanaungatanga moepuku i waenga i ngā tāngata e kiia ana he whanaunga tata rawa atu, kāore e taea te marena tetahi ki tetahi; te hara o te moepuku ki te matua, ki te tamaiti, ki te tuakana, ki te teina rānei, ki te mokopuna rānei
Te tāwharau - he momo whakaeke moepuku e pā ana ki te moepuku, ki ētahi atu momo whakaurunga moepuku rānei e mahia ana ki tētahi tangata me te kore whakaae
Te pā o te rōpū - te tāwharau i tētahi tangata e tētahi rōpū tāngata; he huihuinga moepuku e pā ana ki te whakawhiti hoa Te
moepuku ki te kararehe - te moepuku i waenga i te tangata me te kararehe
Paraphilia - he āhuatanga e tohuhia ana e ngā hiahia moepuku rerekē, e uru ana ki ngā mahi tino kino, morearea rānei
Te hodomy - te moepuku e pā ana ki te moepuku ā-waha, ā-ira rānei; te moepuku ā-waha me te moepuku ā-waha
Zoophilia - te kukume moepuku o te tangata ki tētahi kararehe ehara i te tangata, e uru ana ki te wheako o ngā wawata moepuku mō te kararehe, te whai rānei i te whakapā moepuku tūturu ki a ia
Te Moe ā-Rōpū - te mahi moe tahi me ngā hoa maha i te wā kotahi; hei tauira, te moe tahi tokotoru.
Te Orgy - he pāti porangi e tohuhia ana e te inu nui me te moe tāne koretake.
Te Swinging - te mahi moe ā-rōpū, te whakawhiti hoa tāne rānei i roto i te rōpū, inā koa i runga i te tikanga noa.
Te Exhibitionism - he akiaki ki te whakaatu i ō ira tangata, i ētahi atu wāhanga tinana tata rānei, ki te whanonga moe tāne rānei i te aroaro o te marea.
Te Fetishism - he momo whanonga moe tāne e hono kaha ana ki te makona i tētahi mea, mahi rānei, i

tētahi wāhanga rānei o te tinana ehara i te mea ko ngā ira tangata.
Te Frotteurism - te mahi pā, te mirimiri rānei i ō ira tangata ki tētahi atu tangata i roto i te tikanga moe tāne me te kore whakaae, ki te whiwhi i te ahuareka moe tāne, ki te eke rānei ki te orgasm. Te Masochism - te hiahia ki te whiwhi i te ahuareka, inā koa te makona moe tāne, mai i te mamae , i te whakaiti rānei o te tangata. Te Sadism - te hiahia ki te whiwhi i te ahuareka, inā koa te makona moe tāne, mai i te whakamamae, te whakaiti rānei i ētahi atu.

Ngā Whiti

: Ā, ka hari te unaka, kāore nei ōna ringa i mahi i te kino, kāore hoki i whakaaro i ngā mea kino ki te Atua: ka hoatu hoki ki a ia te mea homai motuhake o te whakapono, me te taonga tuku iho i roto i te temepara o te Ariki e manakohia ana e tōna hinengaro. Te Whakaaro Nui o Horomona 3:14

Kei ngā wāhi katoa ngā kanohi o te Ariki, e titiro ana ki te kino, ki te pai. Ngā Whakataukī 15:3

Kua rongo koutou i kōrerotia i mua, Kaua e puremu: Ko taku kupu ia tenei ki a koutou, Ki te titiro tetahi ki te wahine, he hiahia ki a ia, kua puremu kē ia ki a ia i roto i tōna ngākau. Ki te he koe i tou kanohi matau, tikarohia, maka atu: he pai ake hoki ki a koe kia ngaro tetahi o ou wahi, kaua e maka tou tinana katoa ki Kehena. Ki te he koe i tou ringa matau, tapahia, maka atu: he pai ake hoki ki a koe kia ngaro tetahi o ou wahi, kaua e maka tou tinana katoa ki Kehena. Matiu 5:27-30

Kaua hoki e uru ki ngā mahi huakore o te pōuri, engari riria. He mea whakama hoki te kōrero noa i ngā mea e mahia pukutia ana e rātou. Ko ngā mea katoa ia e riria ana, e whakakitea ana e te māramatanga: ko ngā mea katoa hoki e whakakitea ana, ko te māramatanga.
Epeha 5:11-13

Nā, whakamatea ō koutou wahi i runga i te whenua; te moepuku, te poke, te hiahia taikaha, te hiahia kino, me te apo, he karakia whakapakoko hoki tēnā: Nā ēnei mea ka puta te riri o te Atua ki ngā tamariki a te tutu: Korohe 3:5-6

Mā te mahi tohu me te pono ka horoia te kino: ā, mā te wehi ki te Ariki ka mawehe atu ai te tangata i te kino. Whakataukī 16:6

Mā te tika ka whakanuia ai te iwi; ko te hara ia he tawai ki te iwi. Whakataukī 14:34

Kaua e puremu. Ekoruhe 20:14

Kaua e takoto ki te tangata, pērā i te takoto ki te wahine: he mea whakarihariha tēnā. Kaua hoki e takoto ki tetahi kararehe, whakapoke ai i a koe ki tēnā mea: kaua hoki tetahi wahine e tū ki te aroaro o tetahi kararehe, takoto ki reira: he mea whakarihariha tēnā. Rewitikuha 18:22-23

Nā konei i tukua ai rātou e te Atua ki ngā hiahia whakarihariha: nā ā rātou wahine hoki i whakaputa ke te tikanga maori ki te mea e ngau ke ana: Waihoki ko ngā tāne, i whakarērea e rātou te tikanga maori ki te wahine, ā, mura ana te hiahia tetahi ki tetahi; ngā tāne ki ngā tāne, e mahi ana i te mea whakarihariha, ā, e whiwhi ana i roto i a rātou anō te utu e tika ana mō tā rātou he. Roma 1:26-27

Kāore koutou i te mōhio, e kore te hunga hē e whiwhi ki te rangatiratanga o te Atua? Kaua e tinihangatia: e kore te hunga moepuku, te hunga karakia whakapakoko, te hunga puremu, te hunga whakaipoipo, te hunga moepuku, te hunga tāne, te hunga moepuku, te hunga apo, te hunga haurangi, te hunga kohukohu, te hunga pahua, e whiwhi ki te rangatiratanga o te Atua. 1 Koriniti 6:9-10

Rere atu i te moepuku. Ko ngā hara katoa e mahia ana e te tangata, kei waho o te tinana; ko te tangata ia e moepuku ana, e hara ana ia ki tōna ake tinana. He aha? Kāore koutou i te mōhio ko tō koutou tinana te whare tapu o te Wairua Tapu i roto i a koutou, i homai nei e te Atua ki a koutou, ehara nei i a koutou ake? Kua hokona hoki koutou ki te utu: no reira whakakororiatia te Atua ki roto i ō koutou tinana, ki roto hoki i ō koutou wairua, ko ngā mea nā te Atua ēnei. 1 Koriniti 6:18-20

Kaua e tomo ki te ara o te hunga kino, kaua hoki e haere i te ara o te hunga kino. Āta tirohia atu, kaua e haere i reira, tahuri atu i reira, haere atu. E kore hoki rātou e moe, ki te kore rātou e mahi i te kino; ā, ka tangohia atu tō rātou moe, ki te kore rātou e meinga tetahi kia hinga. Ko te taro o te kino hoki tā rātou e kai ai, ko te waina o te tutu e inumia ana e rātou. Whakataukī 4:14-17

Rewitiku 18
1 I korero ano a Ihowa ki a Mohi, i mea,
2 Korero ki nga tama a Iharaira, mea atu ki a ratou, Ko Ihowa ahau, ko to koutou Atua.
3 Kaua e rite ki nga mahi a te whenua o Ihipa, i noho na koutou: kaua hoki e rite ki nga mahi a te whenua o Kanaana, e kawea atu nei koutou e ahau ki reira: kaua hoki e haere i runga i a ratou tikanga.
4 Me mahi e koutou aku whakaritenga, me pupuri aku tikanga, me haere hoki i reira: ko Ihowa ahau, ko to koutou Atua.
5 Mo reira me pupuri e koutou aku tikanga, me aku whakaritenga: ki te mahia e te tangata, ka ora ia i aua mea: ko Ihowa ahau.
6 Kaua tetahi o koutou e whakatata ki tetahi o ona whanaunga tata, ki te hura i to ratou wahi tahanga: ko Ihowa ahau.
7 Kaua e hurahia te wahi tahanga o tou papa, te wahi ranei o tou whaea: ko tou whaea ia; kaua e hurahia tona wahi tahanga.
8 Kaua e hurahia te wahi tahanga o te wahine a tou papa: ko te wahi tahanga ia o tou papa.
9 Kei hurahia e koe kia takoto tahanga tou tuahine, te tamahine a tou papa, te tamahine ranei a tou whaea, ahakoa i whanau ki te kainga, i whanau ranei ki tetahi atu wahi, kaua raua e hurahia kia takoto tahanga.
10 Kei hurahia e koe kia takoto tahanga te tamahine a tau tama, te tamahine ranei a tau tamahine, kaua raua e hurahia kia takoto tahanga: nou hoki te takoto tahanga o raua.
11 Kei takoto tahanga te tamahine a te wahine a tou papa, i whanau nei i tou papa, ko tou tuahine ia, kaua e hurahia tona takoto tahanga.
12 Kaua e hurahia te tuahine o tou papa: ko te whanaunga tata ia o tou papa.
13 Kaua e hurahia te tuahine o tou whaea kia takoto tahanga: ko te whanaunga tata hoki ia o tou whaea.
14 Kaua e hurahia te tuakana, teina ranei, o tou papa, kaua hoki e whakatata ki tana wahine; ko tou whaea keke ia.
15 Kaua e hurahia te hunaonga o tau hunaonga: ko te wahine ia a tau tama; kaua e hurahia tona takoto tahanga.
16 Kaua e hurahia te wahine a tou tuakana, teina ranei; ko te takoto tahanga ia o tou tuakana, teina ranei.
17 Kaua e hurahia te wahine raua ko tana tamahine kia takoto tahanga; kaua ano hoki e tangohia te tamahine a tana tama, te tamahine ranei a tana tamahine, kia hurahia ai tona takoto tahanga; ko ona whanaunga tata hoki raua: he mea kino tena.
18 Kaua hoki e tangohia he wahine mā te wahine a tōna tuakana, hei whakararuraru i a ia, hei hura i a ia kia takoto tahanga, i te mea e ora ana ia.
19 Kaua ano hoki e whakatata ki te wahine ki te hura i a ia kia takoto tahanga, i a ia e poke ana i te paheketanga.
20 Kaua ano hoki e takoto puremu ki te wahine a tou hoa, whakapoke ai i a koe ki a ia.

21 Kaua hoki tetahi o ou uri e tukua kia tika na roto i te ahi ki a Moreke, kaua ano hoki e whakanoatia te ingoa o tou Atua: ko Ihowa ahau.
22 Kaua e takoto ki te tangata, me te mea ki te wahine; he mea whakarihariha tena.
23 Kaua hoki e takoto ki tetahi kararehe, whakapoke ai i a koe ki taua mea: kaua hoki tetahi wahine e tu ki te aroaro o tetahi kararehe takoto ai ki reira: he mea whakarihariha tena.
24 Kaua koutou e whakapoke i a koutou ano ki tetahi o enei mea: ko enei mea katoa hoki kua poke ai nga iwi ka peia nei e ahau i to koutou aroaro:
25 Kua poke te whenua: koia ahau ka whiu ai i tona kino ki runga ki a ia, a ka ruaki te whenua i ona tangata.
26 Mo reira kia mau ki aku tikanga, ki aku whakaritenga, kaua hoki e mahi i tetahi o enei mea whakarihariha; kaua tetahi o o koutou iwi, tetahi manene ranei e noho ana i roto i a koutou:
27 (Kua mahia hoki enei mea whakarihariha katoa e nga tangata o te whenua, o mua i a koutou, a kua poke te whenua;)
28 Kei ruaki ano hoki koutou e te whenua, ina whakapokea e koutou, pera me tana ruakitanga i nga iwi o mua i a koutou.
29 Ki te mahia hoki e tetahi o ēnei mea whakarihariha e tetahi tangata, ka hatepea atu ngā wairua e mahi ana i aua mea i roto i tōna iwi.
30 Mō reira kia mau ki aku tikanga, kei mahia e koutou tetahi o ēnei ritenga whakarihariha i mahia i mua i a koutou, kei poke hoki koutou i aua mea: ko Ihowa ahau, ko to koutou Atua.

...kei roto hoki i te whakapehapeha te whakangaromanga me te nui o te raruraru, a kei roto i te moepuku te pirau me te nui o te rawakore: ko te moepuku hoki te whaea o te hemokai. Tobit 4:13

Engari ka tāpiri atu ia, kaua hoki e kai i te rāpeti. Hei aha? Hei tohu i tēnei ki a mātou; Kaua e puremu; kaua hoki e whakarite i a koe ki aua tāngata. Ka whakanuia hoki e te rāpeti ngā wāhi haputanga i ia tau; ā, i te maha o ngā tau e ora ana ia, ka maha hoki ōna tau. Kaua hoki e kai i te haiena; arā, kaua e puremu, kaua hoki e pirau i ētahi atu; kaua hoki e rite ki aua tāngata. Ā, he aha ai? Nā te mea ka huri te momo o taua mea i ia tau, ā, he tāne i ētahi wā, he wahine i ētahi wā. Nā reira i tika ai tana kino ki te weriweri; kia kore ai rātou e rite ki aua tāngata e mahi kino ana ki ō rātou mangai nā ō rātou poke; kaua hoki e hono atu ki aua wāhine poke, e mahi kino ana ki ō rātou mangai. Nā te mea ka hapu taua kararehe ki tōna mangai. Pukapuka Whānui a Panapa 9:7-9

He reka te taro katoa ki te tangata puremu, e kore ia e mutu a mate noa ia. Ko te tangata e wehe ana i te marena, e mea ana i roto i tona ngakau, Ko wai e kite ana i ahau? Kua karapotia ahau e te pouri, kua taupokina ahau e nga taiepa, a kahore he tangata e kite ana i ahau; he aha taku e wehi ai? e kore te Runga Rawa e mahara ki aku hara: Ko te wehi o taua tangata ko nga kanohi o te tangata anake, a kahore e mohio ko nga kanohi o te Ariki e tekau mano nga wa e kanapa ake ana i te ra, e titiro ana ki nga ara katoa o te tangata, e whakaaro ana ki nga wahi tino ngaro. I mohio ia ki nga mea katoa i mua i te hanganga; pera ano i muri i to ratou tino pai ka titiro ia ki a ratou katoa. Ka whiua tenei tangata i nga huarahi o te pa, a ki te kore ia e mohio ka tangohia ia. Ka pera ano te ahua o te wahine e whakarē ana i tana tane, a ka whanau he uri ma tetahi atu. Tuatahi, kua takahi ia i te ture a te Runga Rawa; tuarua, kua takahi ia i tana ake tane; tuatoru, kua puremu ia, kua whanau he tamariki ma tetahi atu tangata. Koheleta 23:17-23

E toru ngā momo tangata e kinongia ana e tōku wairua, ā, e tino pōuri ana ahau mō ō rātou oranga: he tangata rawakore e whakakake ana, he tangata whai rawa e teka ana, me te tangata puremu tawhito e puremu ana. Koheleta 25:2

Ka kiia te wahine kairau he huware; ko te wahine ia e moe tāne ana he pourewa hei ārai i te mate ki tana tāne. Koheleta 26:22

Te Whaki, te Ripeneta me te Whakaora

E whitu hoki nga hinganga o te tangata tika, ka ara ake ano: ka taka ia te hunga kino ki te he. Whakataukī 24:16

Ko te tangata e hipoki ana i ana hara, e kore ia e kake; ko te tangata ia e whaki ana, e whakarere ana, ka tohungia. Whakatauki 28:13

Kaua e whakamanamana ki ahau, e tōku hoariri: ki te hinga ahau, ka ara ake ahau; ki te noho ahau i te pōuri, ko Ihowā hei whakamārama mōku. Ka waha e ahau te riri o Ihowā, kua hara hoki ahau ki a ia, kia tohea rā anō e ia taku take, kia whakaritea rā anō e ia taku whakawa: ka whakaputaina ahau e ia ki waho ki te māramatanga, ā, ka kite ahau i tōna tika. Mika 7:8-9

Nā, i te mea he tino tohunga nui tō tātou, kua tomo ki te rangi, a Ihu, te Tama a te Atua, kia mau tātou ki tā tātou i whakaae ai. Ehara hoki i te tohunga nui tō tātou e kore e taea te pā ki ngā ngākau mamae o tātou ngoikore; i whakamatautauria hoki ia i ngā mea katoa, i pērā i a tātou, kahore ia he hara. Nā, kia haere maia tātou ki te torona o te aroha noa, kia whiwhi ai tātou ki te mahi tohu, kia kitea ai hoki e tātou te aroha noa hei āwhina i te wā e mate ai. Hiperu 4:15-16

Ki te whaki tātou i ō tātou hara, he pono ia, he tika, ā, ka murua e ia ō tātou hara, ka horoia hoki ō tātou hē katoa. 1 Hoani 1:9

Ki te hunga ia e ripeneta ana, i whakahokia mai e ia ō rātou hokinga mai, ā, i whakamarie i te hunga i kore e manawanui. Hoki atu ki a Ihowā, whakarērea ō hara, inoi ki tōna aroaro, ā, whakaititia te hara. Hoki atu ki te Runga Rawa, tahuri atu i te kino: māna hoki koe e ārahi i roto i te pōuri ki te māramatanga o te ora, ā, ka kinongia rawatia e koe te mea whakarihariha. Koh 17:24-26

E taku tama, kua hara koe? kati te mahi i tēnā, engari me tono kia murua ō hara o mua. Rere atu i te hara me te mea kei te mata o te nakahi: ki te whakatata rawa koe ki a ia, ka ngau ia i a koe: ko ōna niho he rite ki ngā niho o te raiona, e patu ana i ngā wairua o te tangata. Koh 21:1-2

Tohungia ahau, e te Atua, kia rite ki tōu atawhai: kia rite ki te nui o ōu atawhai murua aku he. Horoia rawatia ahau i taku kino, horoia hoki ahau i taku hara. E whaki ana hoki ahau i aku he: kei toku aroaro tonu taku hara. Ki a koe, ki a koe anake, i hara ahau, i mahi i tēnei kino i tou aroaro: kia tika ai koe i a koe e kōrero ana, kia ma ai hoki i a koe e whakawa ana. Nana, i hangaia ahau i roto i te kino; i roto hoki i te hara i hapu ai toku whaea. Nana, e hiahia ana koe ki te pono i roto i ngā wahi o roto: ā, i roto i te wahi ngaro ka whakaakona ahau e koe ki te whakaaro nui. Horoia ahau ki te hihopa, a ka ma ahau: horoia ahau, a ka ma ake ahau i te hukarere. Meinga ahau kia rongo i te hari me te koa; kia hari ai ngā wheua i whatiia e koe. Hunaia tōu mata i ōku hara, murua hoki ōku kino katoa. Hangaia he ngākau ma i roto i ahau, e te Atua; whakahoutia hoki he wairua tika i roto i ahau. Kaua ahau e maka atu i tōu aroaro; kaua hoki e tangohia tōu wairua tapu i ahau. Whakahokia mai ki ahau te hari o tāu whakaoranga; tautokona hoki ahau ki tōu wairua noa. Ko reira ahau whakaako ai i te hunga hara ki ō ara; ā ka tahuri mai te hunga hara ki a koe. Whakaorangia ahau i te toto, e te Atua, e te Atua o tōku whakaoranga: ā ka waiatatia e tōku arero tōu tika. E te Ariki, whakatuwheratia ōku ngutu; ā ka whakapuakina e tōku mangai tō whakamoemiti. Kāore hoki koe e hiahia ki te patunga tapu; ki te kore ka hoatu e ahau: kāore koe e pai ki te tahunga tinana. Ko ngā patunga tapu a te Atua he wairua maru: he ngākau maru, he ngākau pōuri, e te Atua, e kore koe e whakahawea. Mahia te pai ki tāu e pai ai ki Hiona: hanga ngā taiepa o Hiruharama. Ko reira koe ka koa ai ki ngā patunga tapu o

te tika, ki te tahunga tinana, ki te tahunga tinana katoa: ko reira rātou ka whakaeke i ngā puru ki runga ki tō aata. Waiata 51

I haere a Ihu ki Maunga Oriwa. A i te atatu, ka hoki mai ano ia ki te temepara, a ka haere mai te iwi katoa ki a ia; a ka noho ia, ka whakaako i a ratou. Na ka kawea mai e nga karaipi me nga Parihi tetahi wahine i hopukia e puremu ana; a ka whakaturia ia ki waenganui, ka mea ratou ki a ia, E te Kaiwhakaako, i hopukia tenei wahine e puremu ana. Na i whakahau a Mohi ki a matou i roto i te ture, kia akina nga penei ki te kohatu: engari he aha tau kupu? I mea ratou i tenei hei whakamatautau i a ia, kia whai take ai ratou ki te whakapae i a ia. Na ka piko a Ihu, ka tuhituhi ki tona maihao ki te whenua, me te mea kahore ia i rongo i a ratou. Na i a ratou e patai tonu ana ki a ia, ka whakatika ake ia, ka mea ki a ratou, Ko te tangata kahore ona hara i roto i a koutou, mana te kohatu tuatahi e aki ki a ia. Na ka piko ano ia, ka tuhituhi ki te whenua. Na, ko te hunga i rongo, i whakahengia e o ratou hinengaro, ka haere takitahi atu, mai i te kaumatua tae noa ki te whakamutunga: a ko Ihu anake i mahue, me te wahine e tu ana i waenganui. A, ko te marangatanga ake o Ihu, ka kite ia i tetahi mea, ko te wahine anake, ka mea ia ki a ia, E tai, kei hea aua kaiwhakapae ou? kahore he tangata i whakatau i te he ki a koe? Ka mea ia, Kahore, e te Ariki. Ka mea a Ihu ki a ia, E kore ano ahau e whakatau i te he ki a koe: haere, kati te hara. Hoani 8:1-11

Roma 7:7-25
7 He aha rā tā tātou e kī ai? He hara rānei te ture? Kaua rawa. Kāore, kāore ahau i mōhio ki te hara, me i kaua te ture: kāore hoki ahau i mōhio ki te hiahia, me i kaua te ture te mea mai, Kaua e hiahia.
8 Nā, i te mea he mea whakahau, ka mau te hara ki te whai wāhi, ā, ka puta ake i roto i ahau ngā hiahia katoa: ki te kore hoki te ture, kua mate te hara.
9 I ora hoki ahau i mua, kahore nei te ture: i te taenga mai ia o te ture, ka ora ake te hara, a mate iho ahau.
10 Ā, ko te ture i meinga hei oranga, i kitea e ahau he mea hei mate.
11 Nā te hara hoki i whai wāhi ai, i tinihanga ai i ahau mā te ture, ā, nā tēnā ahau i whakamate ai.
12 Nō reira, he tapu te ture, he tapu anō hoki te whakahau, he tika, he pai.
13 I meinga rānei te pai hei mate mōku? Kaua rawa. Engari ko te hara, kia whakakitea ai he hara, nā te mea pai i mahi ai i te mate i roto i ahau; kia nui rawa ai te hara i runga i te ture.
14 E matau ana hoki tātou he wairua te ture: ko ahau ia he kikokiko, kua hokona hei pononga mā te hara.
15 Ko taku hoki e mea nei, kāhore ahau e whakaae: ko taku hoki e hiahia ai, kāhore e mahia e ahau; engari ko taku e kino ai, ko taku e mahi nei.
16 Ki te mea ia ka mahia e au te mea kihai nei au i pai ai, e whakaae ana ahau he pai te ture.
17 Nā, ehara i ahau tēnei e mahi ana, engari ko te hara e noho nei i roto i ahau.
18 E mōhio ana hoki ahau kāore he mea pai e noho ana i roto i ahau (arā, i roto i tōku kikokiko): kei roto hoki i ahau te hiahia, engari kāore i ahau te huarahi ki te mahi i te mea pai.
19 Ko te pai hoki e hiahiatia ana e au, kahore e mahia e au: engari ko te kino e kore nei e hiahiatia e au, koia tenei taku e mahi nei.
20 Nā, ki te mea ka mahia e au taua mea kāore au e pai ai, ehara i ahau te mea e mahi ana, engari ko te hara e noho nei i roto i ahau.
21 Nā, kua kitea e au tētahi ture, arā, ki te hiahia ahau ki te mea i te pai, kei te tata mai te kino ki ahau.
22 E ahuareka ana hoki ahau ki te ture a te Atua, ara ki te tangata o roto:
23 Engari kei te kite ahau i tētahi atu ture i roto i ōku wāhanga, e whawhai ana ki te ture o tōku hinengaro, e mea ana i ahau kia taurekareka ki te ture o te hara i roto i ōku wāhanga.
24 Āue, te mate mōku! mā wai ahau e whakaora i te tinana o tēnei mate?
25 E whakawhetai ana ahau ki te Atua i roto i a Ihu Karaiti, i tō tātou Ariki. Nā reira, ko tōku hinengaro, e mahi ana ahau ki te ture a te Atua; ko tōku kikokiko ia, ko te ture a te hara.

Kāore anō kia pā mai he whakamātautau ki a koutou, engari ko te mea e pā ana ki te tangata: he pono ia te Atua, e kore nei e tuku i a koutou kia whakamatautauria ki tua atu i tō koutou kaha; engari me te whakamātautau ka meatia e ia he ara e mawhiti ai, kia taea ai e koutou te u ake. 1 Koriniti 10:13

I muri iho i ēnei mea, he hakari nā ngā Hūrai; ā, ka haere a Ihu ki Hiruharama. Nā, kei Hiruharama tētahi puna kaukau, e huaina ana i te reo Hiperu ko Peteha, e rima ōna whakamahau. I roto i ēnei puna kaukau he tini ngā tāngata ngoikore, ngā matapo, ngā kopa, ngā memenge, e tatari ana ki te pokarekarenga o te wai. I heke iho hoki tētahi anahera i tētahi wā ki roto i te puna kaukau, ā, ka pōkarekarenga i te wai: ko te tangata i tomo tuatahi ki roto i te pokarekarenga o te wai, ka ora i tōna mate katoa. Nā, i reira tētahi tangata, e toru tekau mā waru ōna tau e mate ana. I te kitenga o Ihu i a ia e takoto ana, ā, ka mōhio kua roa kē ia e mate ana, ka mea ia ki a ia, E pai ana koe kia ora? Ka whakahoki te tangata ngoikore ki a ia, E te Ariki, kāore āku tangata hei tuku i ahau ki te puna kaukau, ina pōkarekarenga te wai: engari i ahau e haere ana, ka heke iho tētahi i mua i ahau. Ka mea a Ihu ki a ia, Whakatika, tangohia ake tō moenga, haere. Ā, ora tonu ake te tangata, ā, tangohia ake ana e ia tōna moenga, haere ana: ā, ko te hapati taua rā. Nā reira ka mea ngā Hūrai ki te tangata i whakaorangia, Ko te hapati tēnei: kāore e tika kia mauria e koe tō moenga. Ka whakahoki ia ki a rātou, Ko te tangata i whakaora i ahau, nāna i mea ki ahau, Tangohia tō moenga, haere. Nā reira ka ui rātou ki a ia, Ko wai te tangata i mea ki a koe, Tangohia tō moenga, haere? Kāore ia i mōhio ko wai ia: i haere kē atu hoki a Ihu, he mano hoki i taua wāhi. Muri iho ka kitea ia e Ihu i roto i te temepara, ka mea ki a ia, Na, kua ora koe: kati te hara, kei pā mai ki a koe tētahi mea kino rawa atu. Hoani 5:1-14

Kia tupato ki te tiaki i tō ngākau; nō reira hoki ngā pūtake o te ora. Whakataukī 4:23

Rapua a Ihowā i a ia e kitea ana, karanga atu ki a ia i a ia e tata ana: Kia whakarērea e te tangata kino tōna ara, e te tangata hē ōna whakaaro: kia hoki ia ki a Ihowā, ā, ka aroha ia ki a ia; ki tō tātou Atua hoki, ka nui rawa hoki tana murunga hara. Ihaia 55:6-7 Kia matara

atu i ngā āhua kino katoa. 1 Teharonika 5:22

Tuatahi, whakaponohia kotahi te Atua nāna i hanga, i hanga hoki ngā mea katoa i te kore noa iho hei mea ora. E mārama ana ia ki ngā mea katoa, ā, he nui noa iho ia, e kore e taea te mārama e tetahi. E kore nei e taea te whakamārama e tetahi kupu, e kore hoki e taea te whakaaro e te hinengaro. Nō reira, whakapono ki a ia; kia wehi ki a ia; me te wehi ki a ia kia matara atu i ngā kino katoa. Puritia ēnei mea, maka atu hoki ngā hiahia me ngā kino katoa kia matara atu i a koe, kakahuria te tika, ā, ka ora koe ki te Atua, ki te pupuri koe i tēnei ture. 2 o ngā Pukapuka o Hermas 1:1-5